

City of Long Beach Department Of Parks, Recreation & Marine
Community Recreation Services



FEBRUARY



2017

FREEMAN CENTER

Our Teen Program is committed to maintaining a safe and productive environment for youth participants. Join our enthusiastic and dedicated Recreational Leaders for this structured program. This is a free non-custodial drop-in program for youth 13-18 years of age.

WE OFFER VARIOUS PROGRAMS, DISCUSSIONS & WORKSHOPS:

- **CAREER EXPLORATION PROGRAM**
- **FREEMAN FITNESS PROGRAM**
(WAIVER REQUIRED PRIOR TO PARTICIPATION)
- **LOUNGE-AND-LEARN DISCUSSIONS**

JOIN US FOR BASKETBALL, VIDEO GAMES, BILLIARDS, AND MUCH MORE...

Our regular operating hours are:
Monday – Friday
3:00PM – 7:00PM

Operating hours are subject to change

This is a non-custodial drop in program. Participants must register with a parent or guardian to participate. Programs, excursions, and field

THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Black History Month			¹ Heart Cards King of the Courts	² Field Trip: Discovery Well Park Trails L&L: Mancala	³ L&L: Black History BHM: "Praise Song for the Day"
Love Fit	⁶ Freeman Fitness Rope Challenge BHM: What are your Dreams?	⁷ Duct Tape Flower Pens Trade Beads	⁸ 3-Point Competition Tissue Flowers	⁹ National Pizza Day Loom Band Bracelets	¹⁰ Magic and Illusion Clips Hot Hands
Valentine Week	¹³ L&L: Lincoln & Equality Freedom Writing	¹⁴ Happy Valentine's Day L&L: St. Valentine	¹⁵ Capture the Flag Sprint Races	¹⁶ Monopoly Deal Laser Walk	¹⁷ Heart Social w/ Ice Cream Art Contest
La Vie en Rose	²⁰ CLOSED FOR PRESIDENT'S DAY	²¹ Watercolor Lovely Poetry	²² L&L: Be Humble Dodgeball	²³ Surprise Games Mamba Tag	²⁴ Tape Ball Buckets Minute to Win It
Imagining The Spring	²⁷ Freeman Fitness Bodyweight Challenge	²⁸ BHM: What does Freedom mean to you?			

OUR MISSION STATEMENT: To provide personal, social and recreational programs to teens in a safe and positive environment that will enhance personal and social skills, teach leadership and responsibility, and promote individual self esteem